## Winter Retreat leading by Lama Rabten and Acharya Tashi

## **DECEMBER 26-29, 2025**

Time: 9:30 - 4:30pm

## **ALL TIMES IN PACIFIC TIME**

## December 26 to 29

9:30 am – 10:30 am: Meditation

· 10:30 am – 11:00 am: Break

• 11:00 am – 12:00 pm: Lama Rabten teaching on Eight Kinds of Mastery

· 12:00 pm – 1:30 pm: Lunch

· 1:30 pm – 2:30 pm: Meditation

· 2:30 pm – 3:00 pm: Break

· 3:00 pm – 4:00 pm: Acharya Tashi's Teaching on Parting from the Four Attachments

· 4:00 pm – 4:30 pm: Dharma Protective practice